

# ST ANDREW'S CATHEDRAL

Sydney Square, 1819



THE THIRD WEEK IN LENT

## MORNING PRAYER

JS BACH CANTATA 115 - 'COME MY SOUL, THYSELF PREPARE'

**Sunday 23<sup>rd</sup> March 2025**

**10:30am**

**Leader:** The Very Reverend Sandy Grant  
**Preacher:** The Reverend Jonathan Adams  
**Soloists:** Angela Brun, Mollie Galvin,  
Kent McIntosh, and Richard Anderson  
**The Choir of St Andrew's Cathedral**  
**The Ancient Academy of St Andrew's**  
**Director of Music: Mr Ross Cobb**

**PROCLAIMING CHRIST  
IN THE HEART  
OF THE CITY**

+61 2 9265 1661  
[www.SydneyCathedral.com](http://www.SydneyCathedral.com)  
[cathedral@sydney.anglican.asn.au](mailto:cathedral@sydney.anglican.asn.au)  
PO Box Q190, QVB Post Office NSW 1230  
[@StAndrewsCathedralSydney](https://www.facebook.com/StAndrewsCathedralSydney)



## Welcome to St Andrew's Cathedral!

We're glad that you've joined us today.

As a church, we meet together to hear God speak through his word, the Bible. We sing and pray to encourage each other and bring glory to Jesus.

If you don't belong to a church of your own, we'd love you to join us regularly or help you find a church near where you live.

### **CONTACT INFORMATION**

**Cathedral Reception – 9265 1661**

cathedral@sydney.anglican.asn.au

www.SydneyCathedral.com

**Dean**

***The Very Rev Sandy Grant***

sgrant@sydney.anglican.asn.au

**Sub-Dean**

***The Rev Canon Christopher Allan***

chrisa@sydney.anglican.asn.au

**Acting Precentor**

***The Rev Jonathan Adams***

jadams@sydney.anglican.asn.au

**Assistant Minister**

***Mrs Clare Gibson***

cgibson@sydney.anglican.asn.au

**Assistant Minister (Chinese, p/t)**

***Ms Serena Cheung***

serena.cheung@sydney.anglican.asn.au

**Community Chaplain (p/t)**

***The Rev Rob Elder***

relder@sydney.anglican.asn.au

**Director of Music**

***Mr Ross Cobb***

rcobb@sydney.anglican.asn.au

### **Important information**

1. **If you feel unsafe** at any time, please let a staff member or usher know immediately.
2. Never leave your bags or other personal possessions **unattended**.
3. Please **no photographs/ video to be taken** during a church service without permission.
4. If children become unsettled, our **Parents' Room** is located adjacent the North Door (Town Hall side). A video feed of the service is provided.

**Toilets** (including accessible):

- by the North Door (Town Hall side)
- downstairs in Dean Cowper Hall - accessed from rear of Cathedral, using stairs or lift.

### **Prayer Needs**

1. If you would like *personal prayer*; Visit [www.SydneyHeal.com](http://www.SydneyHeal.com), clicking on the 'pray for me' tab.
2. A Prayer (Healing) Service is held at 6pm Wednesdays in the Cathedral.

### **Becoming or growing as a Christian**

If you would like to speak to someone about becoming a Christian or have any questions about Christianity, please speak to a Minister after the Service or use the contact information to reach us.

More information about Christianity may be found at [twowaystolive.com](http://twowaystolive.com)

### **Believer's Prayer**

Dear God, I know that I am not worthy to be accepted by you. I am guilty of rebelling against you and ignoring you. Thank you for sending Jesus to die for me; paying my debt and bearing my punishment that I may be forgiven. Please forgive me and change me that I may live with Jesus as my ruler. *Amen*.

# DRAWING NEAR TO GOD

## Scripture

A wise teacher once reflected: "A person can do nothing better than to eat and drink and find satisfaction in their own toil. This too, I see, is from the hand of God, for without him, who can eat or find enjoyment?"

Ecclesiastes 2:24-25

## Hymn

## Praise to the Lord

- |   |  |
|---|--|
| <p>1 Praise to the Lord,<br/>the Almighty, the King of creation!<br/>O my soul, praise him,<br/>for he is your health and salvation!<br/>Come all who hear;<br/>brothers and sisters, draw near,<br/>praise him in glad adoration!</p> <p>2 Praise to the Lord,<br/>above all things so mightily reigning;<br/>keeping us safe at his side,<br/>and so gently sustaining,<br/>Have you not seen<br/>all you have needed has been<br/>met by his gracious ordaining?</p> | <p>3 Praise to the Lord,<br/>who when darkness and sin are abounding,<br/>who when the godless are rampant,<br/>all goodness confounding,<br/>shines with his light,<br/>scatters the terrors of night,<br/>safely his people surrounding.</p> <p>4 Praise to the Lord,<br/>who shall prosper our work and defend us;<br/>surely his goodness and mercy<br/>shall daily attend us.<br/>Ponder anew<br/>what the almighty can do,<br/>who with his love will defend us.</p> |
| <p>5 Praise to the Lord –<br/>O let all that is in me adore him!<br/>All that has life and breath, come now with<br/>praises before him!<br/>Let the 'Amen!'<br/>sound from his people again -<br/>gladly with praise we adore him!</p>   |  |

*Words: Joachim Neander (1650-1680) tr. Catherine Winkworth (1827-1878)*

*Music: Lobe Den Herren, descant Craig S. Lang (1891-1971)*

## Confession and Declaration of Forgiveness

*"If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."*

1 John 1:8-9

Let us now confess our sins to almighty God, confident in God's mercy.

**Most merciful God,  
we humbly admit that we need your help.  
We confess that we have wandered from your way:  
we have done wrong,  
and we have failed to do what is right.  
You alone can save us.  
Have mercy on us:  
wipe out our sins and teach us to forgive others.  
Bring forth in us the fruit of the Spirit  
that we may live as disciples of Christ.  
This we ask in the name of Jesus our Saviour. Amen.**

God wills that all people should be saved and in response to his call we acknowledge our sins. He pardons those who humbly repent and truly believe the gospel. Therefore we have peace with God, through Jesus Christ, to whom be blessing and honour for ever. **Amen.**

*At this time, children may leave for Cathedral Kids.  
Trained leaders will meet them at the rear of the Cathedral.*

# HEARING GOD'S WORD

## Chorus

*Come my soul, thyself prepare, watching, praying, pleading,  
lest one day the trumpet's blare, find thee all unheeding.  
Ah beware, Satan's snare, let him not dismay thee, lest his guile betray thee.*

*JS Bach: Cantata 115*

## Recitativo

*(Tenor)*

*God who is watching us so well,  
abhors the ways of sin and hell  
and through his grace our souls uplifts.  
The only compensation He asks for His abundant gifts  
is in our spirit's consecration.  
The devil's guile is ocean deep,  
in sin would he ensnare us,  
and if the faith we fail to keep,  
unfit for grace will God declare us.  
Tho' vain the world and all its fashions,  
our flesh and mortal passions,  
yet we of earth are well content to heed their blandishment.*

*JS Bach: Cantata 115*

## Old Testament

### 1 Kings 8:22-36

**p340**

<sup>22</sup> Then Solomon stood before the altar of the LORD in front of the whole assembly of Israel, spread out his hands towards heaven <sup>23</sup> and said: 'LORD, the God of Israel, there is no God like you in heaven above or on earth below – you who keep your covenant of love with your servants who continue wholeheartedly in your way. <sup>24</sup> You have kept your promise to your servant David my father; with your mouth you have promised and with your hand you have fulfilled it – as it is today. <sup>25</sup> 'Now LORD, the God of Israel, keep for your servant David my father the promises you made to him when you said, "You shall never fail to have a successor to sit before me on the throne of Israel, if only your descendants are careful in all they do to walk before me faithfully as you have done." <sup>26</sup> And now, God of Israel, let your word that you promised your servant David my father come true. <sup>27</sup> 'But will God really dwell on earth?

The heavens, even the highest heaven, cannot contain you. How much less this temple I have built! <sup>28</sup> Yet give attention to your servant's prayer and his plea for mercy, LORD my God. Hear the cry and the prayer that your servant is praying in your presence this day. <sup>29</sup> May your eyes be open towards this temple night and day, this place of which you said, "My Name shall be there," so that you will hear the prayer your servant prays towards this place. <sup>30</sup> Hear the supplication of your servant and of your people Israel when they pray towards this place. Hear from heaven, your dwelling place, and when you hear, forgive. <sup>31</sup> 'When anyone wrongs their neighbour and is required to take an oath and they come and swear the oath before your altar in this temple, <sup>32</sup> then hear from heaven and act. Judge between your servants, condemning the guilty by bringing down on their heads what they have done, and vindicating the innocent by treating them in accordance with their innocence. <sup>33</sup> 'When your people Israel have been defeated by an enemy because they have sinned against you, and when they turn back to you and give praise to your name, praying and making supplication to you in this temple, <sup>34</sup> then hear from heaven and forgive the sin of your people Israel and bring them back to the land you gave to their ancestors. <sup>35</sup> 'When the heavens are shut up and there is no rain because your people have sinned against you, and when they pray towards this place and give praise to your name and turn from their sin because you have afflicted them, <sup>36</sup> then hear from heaven and forgive the sin of your servants, your people Israel. Teach them the right way to live, and send rain on the land you gave your people for an inheritance.

*At the conclusion of the reading:* This is the word of the Lord.

*Congregational response:* **Thanks be to God.**

## Aria

(Mezzo Soprano)

*Ah, slumbering spririt, why? Why tarriest thou?  
Be stir thyself now.  
Lest punishment come of a sudden to wake thee and,  
during thy slumber the angel of death unaware overtake thee.*

*JS Bach: Cantata 115*

## New Testament

### Colossians 3:22-4:1

**p1184**

<sup>22</sup> Slaves, obey your earthly masters in everything; and do it, not only when their eye is on you and to curry their favour, but with sincerity of heart and reverence for the Lord. <sup>23</sup> Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, <sup>24</sup> since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. <sup>25</sup> Anyone who does wrong will be repaid for their wrongs, and there is no favouritism. **4** Masters, provide your slaves with what is right and fair, because you know that you also have a Master in heaven.

*At the conclusion of the reading:* This is the word of the Lord.

*Congregational response:* **Thanks be to God.**

# TEACHING THE FAITH

## **The Apostles' Creed**

**I believe in God, the Father Almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ,  
his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.**

**On the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of the Father;  
from there he will come to judge  
the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**



***Colossians 3:22-4:1***

# PRAYING TO GOD

## Hymn

## O sacred head

- |   |   |
|---|---|
| <p>1 O sacred head, sore wounded,<br/>with grief and shame weighed down,<br/>now scornfully surrounded<br/>with thorns, thine only crown;<br/>O sacred head, what glory,<br/>what bliss till now was thine!<br/>Yet, though despised and gory,<br/>I joy to call thee mine.</p> <p>2 What thou, my Lord, hast suffered,<br/>was all for sinners' gain;<br/>mine, mine was the transgression,<br/>but thine the deadly pain.<br/>Lo, here I fall, my Saviour!<br/>'Tis I deserve thy place;<br/>look on me with thy favour,<br/>vouchsafe to me thy grace.</p> | <p>3 What language shall I borrow<br/>to thank thee, dearest friend,<br/>for this thy dying sorrow,<br/>thy pity without end?<br/>O make me thine forever,<br/>and should I fainting be,<br/>Lord, let me never, never<br/>outlive my love to thee.</p> <p>4 When dying, Lord have mercy;<br/>when I from life, must leave.<br/>And for my final journey,<br/>O Jesus, to me cleave.<br/>These eyes shall close in longing<br/>while Earth's vain shadows flee,<br/>and see in Heav'n's bright morning<br/>the Christ, who died for me.</p> |
|---|---|

*Words: Attributed to Bernard of Clairvaux (1090-1153)*

*German tr. Paul Gerhardt (1607-1676)*

*English tr. James W. Alexander (1804-1859), verse 4; Ross J. Cobb (b.1970)*

*Music: Passion Chorale: Hans Leo Hassler, 1601; adapted Johann Sebastian Bach (1685-1750)*

## Recitativo

*(Bass)*

*God who is watching us so well, abhors the ways of sin and hell  
and through his grace our souls uplifts.*

*The only compensation He asks for His abundant gifts  
is in our spirit's consecration.*

*The devil's guile is ocean deep, in sin would he ensnare us,  
and if the faith we fail to keep, unfit for grace will God declare us.*

*Tho' vain the world and all its fashions, our flesh and mortal passions,  
yet we of earth are well content to heed their blandishment.*

*JS Bach: Cantata 115*

## Aria

(Soprano)

*Pray ye, ever watch and pray.*

*Pray ye without ceasing.*

*Beg ye, that the judge will view patiently the wrongs we do,  
all our sins will wash away, make us clean and spotless,  
wash clean our sin, purify us, make us clean and spotless.*

*JS Bach: Cantata 115*

## The Lord's Prayer

Let us pray.

The Lord be with you.

**And also with you.**

Lord, have mercy on us.

**Christ, have mercy on us.**

Lord, have mercy on us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins  
as we forgive those who sin against us.**

**Lead us not into temptation,  
but deliver us from evil.**

**For the kingdom, the power, and the glory  
are yours, now and forever. Amen.**

## Prayers of the Day

## The Third Sunday in Lent

We beseech you, almighty God, look on the heartfelt desires of your servants, and stretch forth the right hand of your power to be our defence against all our enemies; through Jesus Christ our Lord. **Amen.**

## Ash Wednesday

Almighty and everlasting God, you hate nothing that you have made, and you forgive the sins of all who are penitent: create and make in us new and contrite hearts, that we, lamenting our sins and acknowledging our wretchedness, may obtain from you, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. **Amen.**

## Recitativo

(Bass)

*The Lord will hear the faithful calling, and hither turn His gracious ear.  
When foes rejoice at ills to us befalling, with His support we've naught to fear.  
For hope and strength do we beseech Him, we know that prayer sincere thru His  
beloved Son will reach Him.*

*JS Bach: Cantata 115*

## Chorale

*Bear we then, our woes and cares, penitent and fearing;  
Lest the day come, unawares which is ever nearing.  
Watch and pray, comes the day  
when the whole world crashes into dust and ashes.*

*JS Bach: Cantata 115*

## Prayers

# GOING OUT TO SERVE

## Notices

### Hymn

### Love divine, all loves excelling

- |   |   |
|---|---|
| <p>1 Love divine, all loves excelling,<br/>joy of heav'n to earth come down,<br/>fix in us thy humble dwelling;<br/>all thy faithful mercies crown!<br/>Jesu, thou art all compassion,<br/>pure, unbounded love thou art;<br/>visit us with thy salvation;<br/>enter every trembling heart.</p>     | <p>2 Come, Almighty to deliver;<br/>let us all thy life receive;<br/>suddenly return and never,<br/>nevermore thy temples leave.<br/>Thee we would be always blessing,<br/>serve thee as thy hosts above;<br/>pray, and praise thee without ceasing,<br/>glory in thy perfect love.</p> |
| <p>3 Finish then, thy new creation;<br/>pure and spotless let us be;<br/>let us see thy great salvation<br/>perfectly restored in thee.<br/>Changed from glory into glory,<br/>till in heav'n we take our place,<br/>till we cast our crowns before thee,<br/>lost in wonder, love, and praise.</p> |   |

*Words: Charles Wesley (1707-1788)*

*Music: 'Blaenwern', William Penfro Rowlands (1860-1937)*

## Blessing and Dismissal

Christ our Saviour draw you to himself, to find in him crucified a sure ground for faith, a firm support for hope, and the assurance of sins forgiven; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit be among you and remain with you always. **Amen.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

## Postlude

***Thank you for attending St Andrew's Cathedral.  
Our main exit is via the North Door.***

***Please remember to validate your carpark ticket  
at the machine by the North Door.***



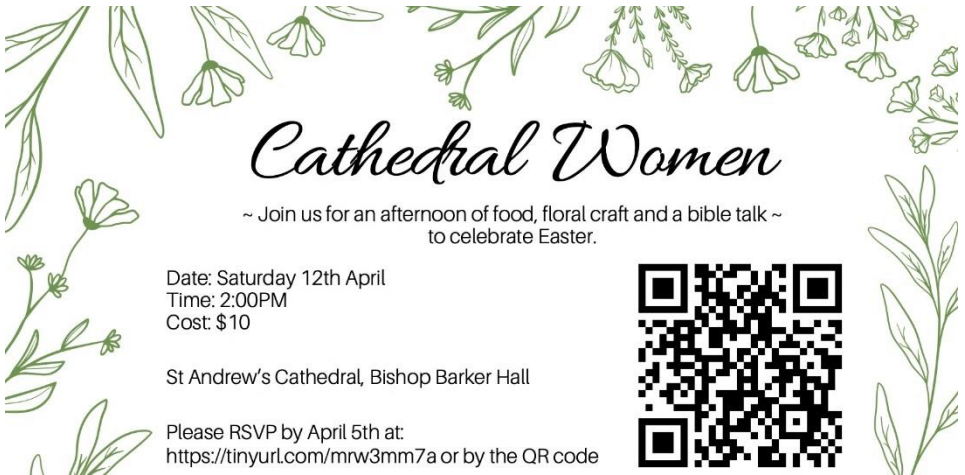
## Handel's MESSIAH

7:00pm, Good Friday, 18th April 2025

St Andrew's Cathedral Choir  
The Orchestra of The Ancient Academy of St  
Andrew's  
Ross Cobb - Conductor



Reserve tickets now




## Cathedral Women

~ Join us for an afternoon of food, floral craft and a bible talk ~  
to celebrate Easter.

Date: Saturday 12th April  
Time: 2:00PM  
Cost: \$10

St Andrew's Cathedral, Bishop Barker Hall

Please RSVP by April 5th at:  
<https://tinyurl.com/mrw3mm7a> or by the QR code



### **Acknowledgement of Traditional Custodianship**

We gather in the presence of God, the Creator, Owner and Sustainer of all that is. As we do so, we acknowledge with respect the Traditional Custodians of the land on which we meet. In his wisdom and love, our Heavenly Father gave this land to the Gadigal people of the Eora nation (see Acts 17:26). On this land, they met for generations before the coming of British settlers. As we now live together on these lands, we pray that God would continue to unite us all in a knowledge of his Son, Jesus Christ, in whom and for whom all things were created.

# Easter

St Andrew's Cathedral, Sydney



## MORNING PRAYER

**14-17 April**

7:45am daily  
Monday-Thursday  
of Holy Week

## HOLY WEDNESDAY

**16 April**

6:00pm Healing Service

## MAUNDY THURSDAY

**17 April**

6:00pm Holy Communion

## GOOD FRIDAY

**18 April**

10:00am\* Morning Service  
7:00pm Handel's Messiah

(ticketed event via [trybooking.com/CYVSN](http://trybooking.com/CYVSN))

## EASTER DAY

**20 April**

8:30am, 10:30am\* & 5:00pm\*  
Holy Communion at all services

\* Printed sermon translation in Chinese provided  
设有打印的中文讲道翻译

Service from *Common Prayer*, © Archbishop of Sydney's Liturgical Panel 2012, c/- Anglican Press Australia. Additional liturgy from *A Prayer Book for Australia*, copyright © Broughton Publishing 1995 Collects from *An Australian Prayer Book* © Anglican Church of Australia Trust Corporation, 2011, c/- Broughton Publishing Pty Ltd. Holy Bible, New International Version® Anglicised, NIV® Copyright © 1979, 1984, 2011 by Biblica, Inc.® Used by permission. All rights reserved worldwide. © 2009 by The Archbishop of Sydney's Liturgical Panel. Used by Permission. Copyright hymns reproduced with permission under Licence No 179325 CCLI.

# Feedback

We'd love to connect with you!

**Please scan the QR code to fill out our response form.**

我们很希望与各地说中文的华人联系。请联系Serena Cheung传道 (邮箱:[Serena.Cheung@sydney.anglican.asn.au](mailto:Serena.Cheung@sydney.anglican.asn.au)) 并留下你的联系方式、祷告需求或信息。若你需要一份讲道的中文翻译作参考, 请联系她。



WHAT'S ON during the week		SATURDAYS	
<b>MONDAYS</b>		9am	Men's Prayer (1 <sup>st</sup> Sat)
5:15pm	Choral Evensong (during term)	10am	Women's Prayer (3 <sup>rd</sup> Sat)
<b>WEDNESDAYS</b>		<b>SUNDAYS</b>	
5:30pm	Communion (2 <sup>nd</sup> Wed)	8:30am	Holy Communion (1662 BCP)
6pm	Healing Service	10:30am	Morning Church
7:30pm	Overcomers Outreach (1 <sup>st</sup> Wed)		(with children's program)
<b>THURSDAYS</b>		5pm	Cathedral Evenings Service
10am	Bible & English (during term)		
1:10pm	Organ Recital (1 <sup>st</sup> & 3 <sup>rd</sup> Thurs)		
5:15pm	Choral Evensong (during term)		

*Thank you for joining us today!*

*If you'd like more information about joining the Cathedral or a small group, please contact one of our ministers.*

# Giving

You may make a donation via credit card at the 'Tap&Go' stations at the Cathedral exits, or leave a cash gift in the offertory boxes/bags.

To donate via PayPal use: [bit.ly/CathedralPayPal](https://bit.ly/CathedralPayPal) or scan the QR code.

To give via bank transfer, please indicate the ministry or congregation to which you belong or which project you support (e.g. 1030am, garden project).

**Acct:** St Andrews Cathedral Chapter  
**BSB:** 062 028  
**Account No.:** 1008 0896

